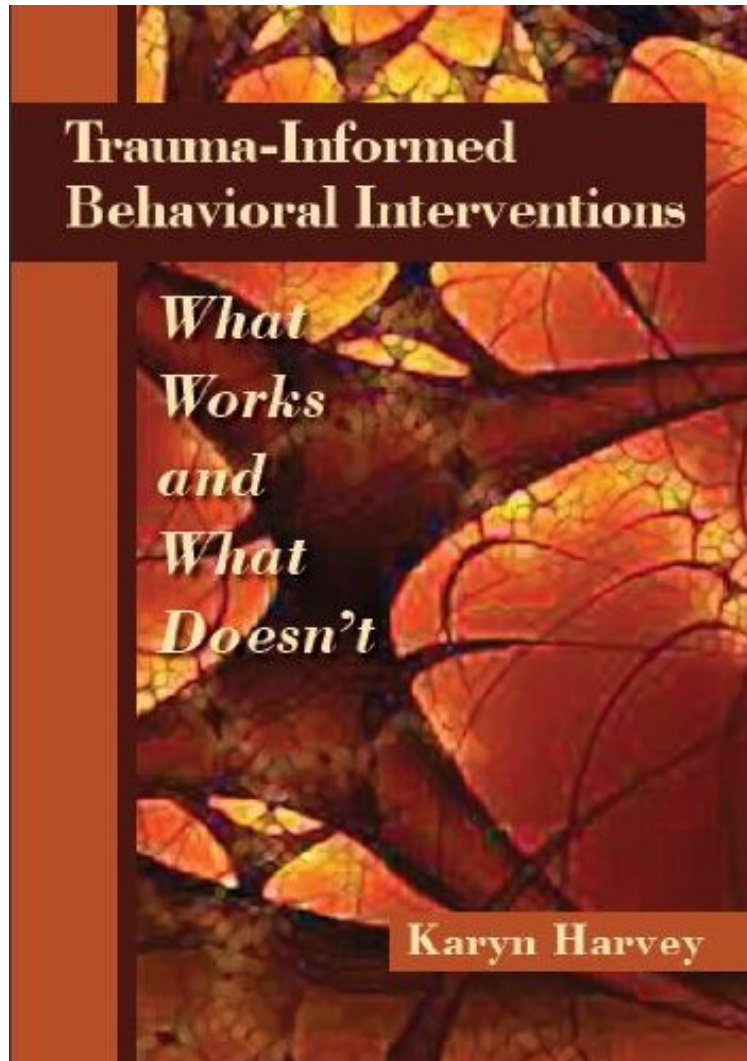


(Free download) Trauma-Informed Behavioral Interventions: What Works and What Doesn't

Trauma-Informed Behavioral Interventions: What Works and What Doesn't

Karyn Harvey

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Karyn Harvey : Trauma-Informed Behavioral Interventions: What Works and What Doesn't before purchasing it in order to gauge whether or not it would be worth my time, and all praised Trauma-Informed Behavioral Interventions: What Works and What Doesn't:

1 of 1 people found the following review helpful. Everyone who works with people with intellectual / developmental disabilities should read this book! By CrystalWhere has this book been all my life? I have worked with people with ID for 15+ years, first in residential and vocational settings, and now as a case manager/social worker for a county.

Throughout that time, the emphasis has always been on controlling behavior, and kindness and compassion has been seen as "reinforcing bad behavior." With Karyn Harvey's book, this line of thought is thoroughly debunked. The book starts by describing how rigid behavioral control actually makes behavior worse. It then moves on to discuss the importance of correct diagnosis, as well as an understanding of what that diagnosis means. Next, the idea of trauma is introduced with an excellent discussion of the typical events people with ID have experienced, how that is traumatic, and why "behavior" is often a trauma response instead. The second half of the book delves into more practical matters. Stabilization, crisis prevention, and crisis intervention are all discussed. The author's Mental Health Plans combine aspects of person-centered planning with the more traditional behavior management plans, with the result being an incredibly useful and compassionate approach for staff to take with clients. The book makes liberal use of case studies and concrete examples throughout - including several sample Mental Health Plans - to make it easier for the readers to identify ways in which trauma has impacted the clients they work with, as well as to find potential trauma-sensitive approaches for their clients. To harness the full potential of this book, buy-in from staff at all levels, including management and direct care staff, is required. That said, there are elements that staff at any level can incorporate into their approach, making this book useful to anyone who works with people with ID. I have already recommended this book to several of the providers and families that I work with.

3 of 3 people found the following review helpful. Best book ever on supporting people with ID
By Deidre Hammon
This book is honest about the traumas so frequently suffered by people with intellectual disabilities as a result of the world we live in AND provides concrete well written strategies that are step by step about how we can all do better supporting people we are lucky enough to work for. We will definitely change our agencies practices when interviewing people we work for for the first time. Utterly amazing that she is so honest, brief and to the point.

0 of 0 people found the following review helpful. Somewhat helpful
By Lisa
I would have liked to see more concrete ways to deal with trauma in the MR and DD adults. Having said that, there is still good information for understanding.

In this book, the author describes "what doesn't work" by outlining the ways in which individuals with intellectual disability may have been damaged by the "behavioral" approach to their day-to-day actions. She demonstrates what has been missed through this approach: Needs have not been met, individuals have been misdiagnosed, and trauma responses have been triggered through the exclusive use of behavioral controls, both positive and negative. The author then moves on to describe "what works." She explores the topics of stabilization, prevention, intervention, and the "mental health plan." She proposes a model of behavioral intervention that does not require the use of restraints or contingencies; instead it promotes safety and security and addresses the outstanding issues around trauma. Numerous case studies are discussed, but all the names and relevant details have been altered to protect individuals, staff, and agencies. The mental health plan template the author puts forward instructs and informs staff about how to support people who have experienced trauma, both on a small scale and on a large one. She provides examples of this approach with case studies and illustrates how the plans should be written to ensure optimal implementation. This book gives the professionals and paraprofessionals who have dedicated themselves to this field and to the welfare of individuals with intellectual disability a trauma-informed paradigm within which to support people with intellectual disability psychologically and to establish the critical elements needed for recovery. As the author states in her introduction, "when the individual recovers, behaviors change. When the individual recovers, happiness can begin." Since 1876, the American Association on Intellectual and Developmental Disabilities (AAIDD) has been providing worldwide leadership in the field of disabilities. AAIDD is the oldest and largest interdisciplinary organization of professionals and citizens concerned about intellectual and developmental disabilities. AAIDD publishes books for professionals in developmental disability in the areas of: -Supported living -Definition of intellectual disability- Disability funding -Positive behavior support -Palliative care -Quality of life -Health