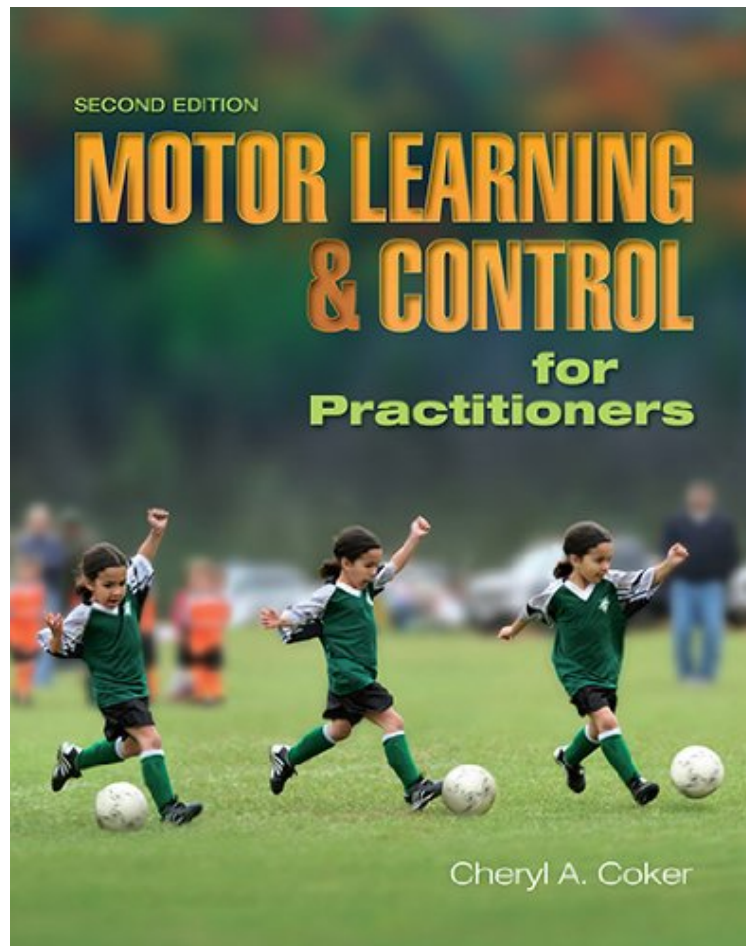


Motor Learning and Control for Practitioners

Cheryl A. Coker

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#959139 in Books Holcomb Hathaway, Publishers 2009-06-10 Original language: English PDF # 1 9.25 x .59 x 7.521, 1.22 #File Name: 1890871958304 pages | File size: 45.Mb

Cheryl A. Coker : Motor Learning and Control for Practitioners before purchasing it in order to gage whether or not it would be worth my time, and all praised Motor Learning and Control for Practitioners:

0 of 0 people found the following review helpful. Five Stars By James McGown Very good learning materials for coaches and practitioners
1 of 1 people found the following review helpful. College Textbook By Jesse The content is a little boring and the pages and pictures do not help either. Needed this book for college. Not great for someone who is trying to find a fun way to learn about motor learning.
0 of 0 people found the following review helpful. Motor Learning Control By Chris Hertel Easy to read even if you are not a college student. Dr. Coker is an expert in her field, but easily relates and teaches non-experts. This book is much easier to deal with than the huge book by Dr. Schmidt, and has the important info from his book.

The second edition of Motor Learning and Control for Practitioners offers an applied approach to the principles of

motor learning and control. This user-friendly text--with its wide range of examples and teaching tools--provides future professionals in physical education, kinesiology, exercise science, coaching, athletic training, physical therapy, and dance with the tools they need to build a solid foundation for assessing performance. The text clearly defines current thinking and trends; it blends information for the practitioner with validating research. The book's writing style, readability, and numerous applications make it an appealing text for students. New to this edition is a reorganization of several topics, to enhance understanding of concepts; new Cerebral Challenges, examples, and research notes; new online references directing readers to videos, web-based activities, and additional sources of information; and new and expanded topics, including the use of Gentile's taxonomy in developing skill progressions, application of the Constraints Led Approach, and expanded coverage of visual search strategies. Key features of the text include Cerebral Challenges that encourage students to engage in higher-order problem-solving activities; Exploration Activities that use typical classroom and other readily available items to illustrate key concepts and translate chapter content into practice; boxed summaries of research conducted on relevant topics; an Epilogue that contains two real-life scenarios and related questions to help students test their ability to put concepts to work in educational and rehabilitation settings; examples using a broad range of contexts and applications; and review questions at the end of each chapter.

An excellent balance of theory, research, and practical material These materials make this particular book quite appealing in helping students understand the concepts. --Stephen A. Wallace, San Francisco State University
About the Author
Cheryl A. Coker is a professor with the Department of Health and Human Performance at Plymouth State University. She received her undergraduate degree in physical education from Louisiana State University, where she was also an All American and a member of the NCAA Championship Women's Track and Field Team. Upon completion of her Master's and doctorate degrees from the University of Virginia, she joined the faculty at New Mexico State University, where she taught for 14 years. She is a motor learning specialist whose interest in skill acquisition stems from her experiences as a teacher, coach, and athlete. She is a fellow in the Research Consortium of AAHPERD and has given more than 80 presentations throughout the United States and internationally. She has consistently contributed to both scholarly and practitioner journals; in addition to *Motor Learning and Control for Practitioners*, she co-authored the book *Play for Power: Creating Leaders through Sport*, has authored numerous articles and chapters, and is perhaps best known for her work conveying theoretical constructs to the practitioner