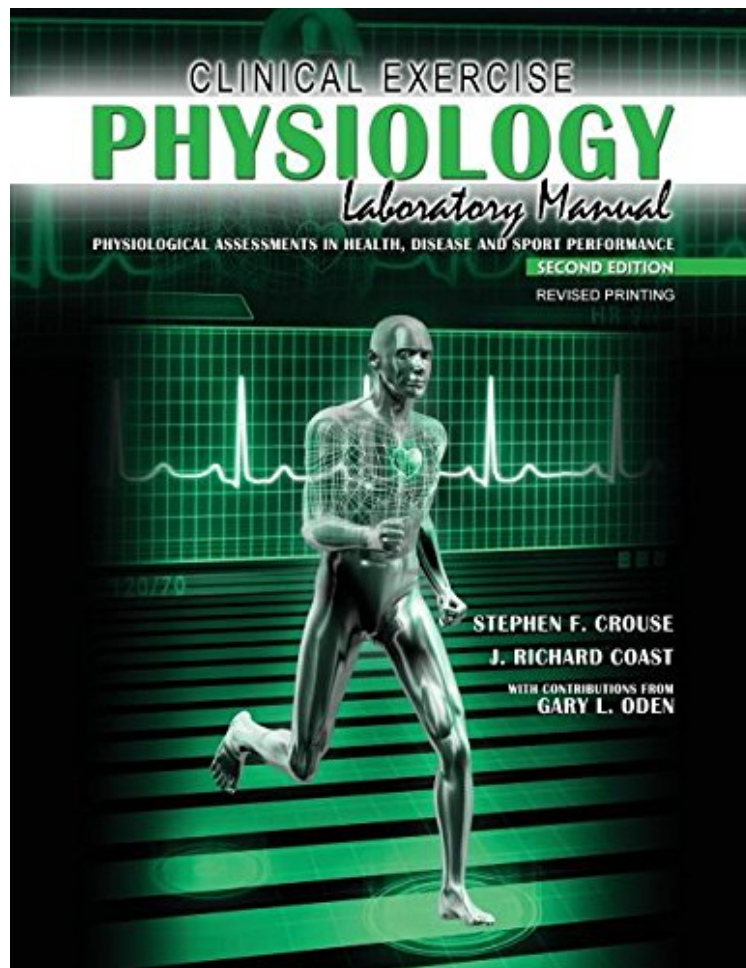


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## Clinical Exercise Physiology Laboratory Manual: Physiological Assessments in Health, Disease and Sport Performance

CROUSE STEPHEN F, COAST J RICHARD, ODEN GARY

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Clinical Exercise Physiology Laboratory Manual is designed to be a practical teaching guide for training students and professionals in the skills to be applied to exercise testing and prescription for health and physical fitness. This text emphasizes the value in learning the techniques in exercise physiology as opposed to just designing experiments in

which techniques can be applied. This teaching methodology allows the student or professional to be better prepared to apply techniques to real-life situations. Clinical Exercise Physiology Laboratory Manual is a valuable resource for: \* Exercise scientists \* Clinical exercise physiologists \* Sport physiologists \* Cardiac rehabilitation specialists \* Physical educators at the undergraduate and beginning graduate levels Clinical Exercise Physiology Laboratory Manual details methods and procedures that prove to be valuable to any professional who may need an understanding, practical background, or detailed procedural guide in evaluating the many dimensions of health, physical fitness, and human performance.