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Linda S. Costanzo

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Linda S. Costanzo : Brs Physiology Cases And Problems: Board Review Series (Board Review) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Brs Physiology Cases And Problems: Board Review Series (Board Review):

72 of 73 people found the following review helpful. stick to it unless u want to enrich the seller and if u have some special love for Dr Costanzo which I definitely have for the .By MovadoBuy the fifth edition of the book at a much lower cost.I checked the contents, there is only a six page addition to the new book which includes an addition of 1 or 2 questions being added in a few sections of the book.This is the policy of the publisher to mint money by just printing a new edition when infact it is 99.99 % the same.I bought the latest edition of BRS Histology and Cell biology bcos there is a 50 page difference, which makes sense.So, if u already have the fifth edition of the book, stick to it unless u want to enrich the seller and if u have some special love for Dr Costanzo which I definitely have for the immense knowledge and concepts she gave us all for the difficult subject of Physiology.6 of 6 people found the following review helpful. Great board study material, also supplements studying for classes nicelyBy evan c sprauerSHORT REVIEW:PROS: - very concise and easy to understand - high yield stuff here people. High yield stuff. - goes into perfect amount of depth for board study - great for use as a reference tool to complement first aid ~ (hint: some first aid chapters do a sucky job on phys - take notes in your FA copy from BRS in these chapters) - just as great for use as review tool when studying for classes - one thing that is over looked is the size - it's relatively small and very easy to tote around - organization is great ~ (both in terms of the actual way the material is presented and in terms of

aesthetics - very visually pleasing)CONS: - if you're looking for a lot of depth and detailed mechanisms, not your book - could definitely use more figures. - the practice questions are mostly first order and do not reflect the difficulty of board questions ~ (but that's what UWorld or kaplan qbank is for)LONG REVIEW:I really like this book and use it a lot for studying, both for boards and for classes. I'm taking my step 1 (USMLE) in about 4 months, so as I do board study, I like to refer to BRS phys for topics that I need refreshing on. It's great as a quick reference for when you need a memory jog on certain phys subjects. For example, when you get a qbank/Uworld question about the difference between a ventricular action potential and an SA nodal action potential and your like "omg, I forgot everything I ever knew about how the heart works," you can pull this thing out and easily find this (pg 70-71 btw).I also find it very helpful for classes. I like to read through a new subject in BRS before we start that subject in class, or before I start studying for it. For example, we just started on the gastrointestinal system. We have a few hours of physiology, and before I started studying the power points and word docs for our lectures in class, I read through the relevant sections of the GI chapter. This really helps me understand the professors better when I listen to their lecture (especially bc for some reason, the majority of our phys profs have very thick Asian accents and if they say a word you aren't familiar with yet, it's very hard to understand them and then you get lost and end up having no idea what they're talking about and by the end of the lecture you feel like you've learned nothing). But if you have a backing of all the terminology, and a good generalized idea of all the neurotransmitters, hormones, nerves, vessels, etc. before hand, it makes it much easier. It's the same concept of reading ahead for class, but takes less time, makes more sense, and helps you familiarize yourself with board relevant, HIGH YIELD material. Then when it comes time for the test, it's the best way (in my opinion) to use for quick review and self quizzing, and again, takes much less time than reading through an unorganized power point that doesn't match up with the accompanied word or pdf document or whatever.IN SUMMARY - get this book. Best reference tool for physiology out there. If you buy it and find that you don't use it as much as you had in mind when you bought it, change your habits and fit it in. It's a must have in your med school arsenal3 of 3 people found the following review helpful. GREAT!By Trevor EvansUsed to to prep for tests on different systems in my physiology class for CRNA school. Was superb but it might be because we have physiology with the med students so not sure if it would be beneficial out side of a med school class. Great cliff notes though. High yield info. Good practice questions but very few are different from much older editions that others had.